

To all potential interested U16A Ringette Players

Please consider this an information letter for the Regina U16A ringette club.

About the Team

This team will be formed to challenge the Saskatoon U16A should they form one for the rights to represent Saskatchewan at the Western Canadian Ringette Championships.

Coach

My name is Tracy Phaneuf and I will be the coach for the U16A team this year. *I am a past elite player who has competed and medaled at Canadian Ringette Championships and was on the All Star team as a goalie. I have been coaching for 12 years and the last 6 years at an A/AA level. I am very excited about this year and look forward to a very successful year.*

Goals

Our goals are to Challenge and guide players to improve their ringette skills and be mentally prepared for a higher caliber level of play in coming years.

We want to improve on last year's finish at Westerns held in Regina while providing a fun and enjoyable environment to learn and improve ringette skills.

Commitment

All interested players are expected to attend dry land training and on ice practices as well as any off ice team functions that are scheduled.

Cost

We hope to keep the season cost under \$3500.00 per player and hope to participate in competitions in Edmonton or Calgary, Medicine Hat, and Winnipeg as well as weekend exhibitions with parent approval.

This year's Westerns location still has not been decided. It will be either in Manitoba or BC. Once decided a cost will be determined.

Try-outs

Tryouts will be held on the following Dates:

- ❖ Thursday Sept 1st 8:45 – 9:45 @ COOP #6
- ❖ Sat September 3rd 1:30 – 3:45 pm @ COOP #3
- ❖ Sun September 4th 1:30 – 2:30 pm @ COOP #3

All ice sessions will be scrimmages. There will not be a skills session. Releases may occur after any of the ice times.

If you have any questions, please feel free to contact me at 306-536-9798 or tracy.p@sasktel.net

Tracy Phaneuf
U16A Head Coach