



FUNDAMENTALS PRE-SEASON RINGETTE CAMP



Communiskate (Emerald Park)

Inquiries

Daina Seymour
306-533-9078

fundamentalsringette@gmail.com

FUNDamentals Pre-Season Ringette Camp is designed to teach and develop skating and ring skills for young athletes from LTP to U12 as they prepare for the upcoming ringette season.

Session plans are based on the [Ringette Canada Technical Skill Matrix](#) and will follow the stages of skill development consistent with the principles of the [Long-Term Athlete Development](#) (LTAD).

September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 ✓
3 ✓	4	5	6	7	8	9 ✓
10 ✓	11	12	13	14	15	16 ✓
17 ✓	18	19	20	21	22	23 ✓
24 ✓	25	26	27	28	29	30

Group	Time	Athlete's Division for 2023-24 Season
A	10:45 - 11:45	Learn to Play (LTP) or New to the sport
B	11:45 - 12:45	FUN1 & FUN2
C	8:30 - 9:30	FUN3
D	9:30 - 10:30	U12 (goalie instruction available for up to 4 goalies)

The coaches were amazing, and my daughter loved their positive feedback and help!

Registration opens Feb. 1st at noon!



Register Now!

Very well-run and well-thought-out practical drills!

Registration Fee: \$225



- Registration in a group is tentative and final group placements will be determined closer to the start of camp.
- Registrations will be accepted on a first-come, first-served basis with full e-transfer payment to fundamentalsringette@gmail.com
- Cancellations made at least 30 days prior to the start of camp will be subject to a \$50 administrative fee. Cancellations requests less than 30 days prior to the start of camp will be granted at the sole discretion of camp management.