

REGINA CAMP



July 17 to 21, 2023
Cooperators Centre



Join us this summer for a ringette filled week.

Learn from some of the best, most passionate ringette players!

3 groups:

2014-2015 Birthdates (exceptions for 2016s with experience)

2012-2013 Birthdates -- Currently full

2008-2011 Birthdates

Features:

- 13 ice sessions throughout the 5 days
- Building the athletes confidence and abilities
- NRS Jersey keepsake
- Team building activities
- Fitness
- Mental training and strategy sessions
- Showcase scrimmage on Friday afternoon
- Runs from 8:00am to 4:30pm approximately



LEXI KRUGER

FORWARD FOR THE SASKATCHEWAN HEAT
COMPETED AT CRCS FOR 4 YEARS
COMPETED AT WESTERN CRC FOR 2 YEARS
PROVINCIAL GOLD MEDALIST IN 2017 AND 2018
COACHED FOR 5 YEARS



JORDY VOYKIN

DEFENSE FOR THE SASKATCHEWAN HEAT
COMPETED AT 4 CRCS AND 2 WCRCs
TEAM SASK 2019 CANADA WINTER GAMES
COACHED FOR 6 YEARS



HOLLY KOZAN

GOALTENDER FOR THE NRL SASKATCHEWAN HEAT
2022 JUNIOR TEAM CANADA SILVER MEDALIS
TEAM SASK AT 2019 CANADA WINTER GAME
CONSOLATION GOLD MEDALIST AT 2019 CRCS AS TEAM SAS
FOURTH PLACE AT THE 2018 CANADIAN RINGETTE CHAMPIONSHIP

Register online: www.thenrs.com

NATIONAL
RINGETTE
SCHOOL