

Welcome to the 2023/2024 Ringette Season, this letter is to invite you to try out for the U16AA Stingers. Here is some information regarding the upcoming season.

### **Goals**

Our goal is to enhance the skills of the athlete throughout the year to help them excel in the sport of Ringette. I strive to help these individuals grow as individuals as well as athletes. We like to have fun but still perform at an elite level.

### **Cost**

The estimated cost this year will be approx. \$5100. This could be adjusted based on flight cost and fundraising.

### **Commitment**

Although we encourage participation in other activities, all successful athletes will be expected to attend dryland training and all on and off ice activities. The U16AA Stingers are an elite team and will be treated as such.

### **Tournaments**

Here are the tournaments we are hoping to attend this year:

Sept 22-24 – Calgary

Oct (Dates TBD) – Winnipeg

Nov 3-5 – Regina

Dec (Dates TBD) Edmonton

Jan – (dates TBD) – Calgary

Feb – will look for a tournament

March – Provincials Regina

April 7-14. Canadian Ringette Championships – Deippe New Brunswick

### **Tryouts**

Tryout times are as follows:

Aug 25 Doug Wick 4:30-6:30

Aug 26 Coop 6 – 4:15 – 5:15

Aug 27 Doug Wick 2:45-3:45

All athletes will be guaranteed 2 hrs of ice time.

Should you have any question regarding the upcoming season, feel free to contact myself at [U16Stingers@gmail.com](mailto:U16Stingers@gmail.com) or 306-536-9798.

Thank you

Tracy Phaneuf